

THIRTY-THIRD DAY

FEAST OF ST. JOSEPH THE WORKER

May 1, 2021

The whole month of March is one long feast in honor of Saint Joseph. But the nineteenth is the great day of triumph; the other days celebrate his virtues and his special graces, but today celebrates his triumphal entry into heaven. We are going to consecrate ourselves to Saint Joseph. We shall place at his feet all that we are and all that we have so that he may make us good servants and good adorers of His adopted Son Whom we serve and adore in the Eucharist.

ACT OF CONSECRATION TO SAINT JOSEPH

I consecrate myself to you, good St. Joseph, as my spiritual father. I choose you to rule my soul and to teach me the interior life, the life hidden away with Jesus, Mary, and yourself.

Above all, I want to imitate the humble silence with which you shrouded Jesus and Mary. For me everything lies in that—self-abnegation like our Lord in His hidden life, making the world forget me by my silence and my practice of virtue.

I consecrate myself to you as my guide and model in all my duties so that I may learn to fulfill them with meekness and humility: with meekness toward my brethren, my neighbor, and all with whom I come in contact; with humility toward myself and simplicity before God.

I choose you, good saint, as my counselor, my confidant, my protector in all my difficulties and trials. I do not ask to be spared crosses and sufferings, but only from self-love which might take away their value by making me vain about them.

I choose you as my protector. Be my father as you were the father of the Holy Family of Nazareth. Be my guide; be my protector. I do not ask for temporal goods, greatness, or power. I ask only that I serve with fidelity and devotedness my divine King.

I shall honor, love, and serve you with Mary, my mother, and never shall I separate her name from yours.

O Jesus, give me Joseph for a father as You have given me Mary as a mother. Fill me with devotion, confidence, and filial love. Listen to my prayer. I know that you will. Already I feel more devout, more full of hope and confidence in good St. Joseph, Your foster father and my spiritual father. Amen.

Further questions to consider:

What can I do going forward to step out of my sinfulness and begin imitating the virtues of St. Joseph?

Action Item:

List down things that you can do to make St. Joseph a part of your daily life. How can I do things through St. Joseph, with St. Joseph, in St. Joseph and for St. Joseph?

Discuss the virtues of St. Joseph with a friend or family member.