

NINETEENTH DAY
SAIN'T JOSEPH'S HUMILITY

April 17, 2021

St. Peter Julian Eymard writes:

How deeply Saint Joseph's humility must have been rooted may be judged from the fact that humility is the basis of all sanctity and the measure of grace and glory. It shines out in Joseph's utter lack of self-esteem and in his relations with Jesus and Mary. He knew that Jesus was His Creator and Redeemer, and that Mary was the true Mother of Jesus. Yet he was obliged to be head of the Holy Family, to command them, and receive their submission.

We can hardly imagine his feelings of humility in seeing the Incarnate Word reduced almost to the status of a slave, and in hearing Mary call herself his humble servant.

Humility must be the dominant virtue of an adorer. He adores Jesus far more humiliated in the Blessed Sacrament than at Bethlehem or during His mortal life. He serves the King of heaven and earth annihilated under the Sacred Species.

Like Saint Joseph the adorer must consider himself unworthy of serving Jesus. He must honor Christ's Eucharistic abasements by giving up all self-glory, all self-esteem, everything that might draw admiration upon himself.

The great rule must be that of Saint Joseph who never appears when there is question of glory in the service of Jesus, and that of Saint John the Baptist who, in answer to praise, cried out: "He must become more and more, become less and less." I must

To Jesus be honor and glory; to me scorn and oblivion.

Further question to consider:

How do I give up all self-glory, all self-esteem, everything that might draw admiration upon myself?

Action Item:

Say this prayer today: "St. Joseph, please help me see my impure heart and teach me to be humble so I can be united with Jesus."

Daily Prayer:

Be mindful of us, O blessed Joseph, and intercede for us with thy foster-Son by the pleading of thy prayer: do thou in like manner render the Blessed Virgin Mary, thy Spouse, gracious unto us, for she is the Mother of Him, who with the Father and the Holy Spirit lives and reigns world without end. Amen. (*Memorare of St. Bernardine of Siena*)

Our Father, Hail Mary, Glory Be